



Weyerhaeuser King County Aquatic Center
650 SW Campus Drive, Federal Way, Washington 98023-8425
Seattle (206) 296-4444 Tacoma (253) 927-5173
Visit our website at www.metrokc.gov/parks

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PUBLIC PROGRAMS

- Scheduled Recreational Swims
- Adult Lap Swims
- Senior Citizen Programs
- Swimming Lessons (Tots, Preschool, Youth, Adult)
- Water Exercise Programs
- American Red Cross Water Safety Courses
- Specialized Water Sports Training
- Competitive Team Programs

UPCOMING EVENTS


- Jun 28-Jul 1 NIKE International Swimming Cup
- Jul 6-8 US Diving Junior Region 10 Diving Championship
- Jul 16-19 US Water Polo Invitational
- Aug 2-5 Pacific NW Swimming Long Course Championship
- Aug 16-19 US Masters Swimming Nationals
- Aug 22-25 7th FINA Jr World Synchronized Swimming Champs
- Sep 1-2 FINA World League Men's WP Championship
- Sep 8-9 FINA World League Men's WP Championship
- Sep 15-16 US Water Polo Islander Invitational
- Sep 22 Mercer Island High School Invitational

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Aquatic Center**
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Summer Schedule
June 18 - August 31, 2001
Seattle (206) 296-4444
Tacoma (253) 927-5173

Recreation Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am-9:00	Low Impact Exercise \$4.00/2.80	Adult/Senior Lap Swim \$3.00/1.85	Low Impact Exercise \$4.00/2.80	Adult/Senior Lap Swim \$3.00/1.85	Low Impact Exercise \$4.00/2.80	Events	Events
9:00-11:30	Lessons	Lessons	Lessons	Lessons	Lessons		
11:30-12:30	Family Swim \$1.85**	Family Swim \$1.85**	Family Swim \$1.85**	Family Swim \$1.85**	Family Swim \$1.85**	11:30-1:30 Public Swim \$1.85*	11:30-1:30 Public Swim \$1.85*
12:30-1:30	Ad/Sr Lap \$3.00/1.85	Ad/Sr Lap \$3.00/1.85	Ad/Sr Lap \$3.00/1.85	Ad/Sr Lap \$3.00/1.85	Ad/Sr Lap \$3.00/1.85		
1:30-3:30	Public Swim \$3.70*	Public Swim \$3.70*	Public Swim \$3.70*	Public Swim \$3.70*	Public Swim \$3.70*	1:30- Rentals	1:30- Rentals
2:30-3:30	Public Swim \$1.85*	Public Swim \$1.85*	Public Swim \$1.85*	Public Swim \$1.85*	Public Swim \$1.85*		
4:30-7:30	Lessons	Lessons	Lessons	Lessons	until-7:00 Rentals		
7:30-8:30	Public Swim \$1.85*	Public Swim \$1.85*	Public Swim \$1.85*	Public Swim \$1.85*	Public Swim \$1.85*		
8:30-9:30	Aquarobics™	Aquarobics™	Aquarobics™	Aquarobics™			

* Children younger than 6 years old must each be accompanied in the water by an adult
** During Family Swims, all children must be accompanied in the water by an adult (one adult per three children)

SWIMMING LESSONS

Morning Sessions
(1/2 hr, 9:00-11:30am, M-F)
Monday-Friday
Jun 18-Jun 27 (8 lessons)
Jul 2-Jul 12 (9 lessons)
Jul 16-Jul 26 (10 lessons)
Jul 30-Aug 10 (8 lessons)

CANCELED SWIMS
July 4th 3:30pm on, Aug 10-26, Sept 1-3

Evening Sessions
(1/2 hr, 4:30-7:30pm M&W, T&Th)
Monday & Wednesdays Tuesday & Thursdays
Jun 18-Jul 11 (7 Lessons) Jun 19-Jul 12 (7 Lessons)
Jul 16-Aug 8 (8 Lessons) Jul 17-Aug 9 (7 Lessons)

Note: No swim classes am & pm Jun 28, am Jun 29, pm Jul 4, am Jul 13, am & pm Aug 2, am Aug 3, am Aug 10.

AQUAROBCS™ Call: 1-800-817-8988



WA Relay Service: 1-800-833-6388
This material is available in alternate formats

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Summer Schedule
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Competition Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
5:30am-8:00	Lap Swim* \$3.00/1.85	Lap Swim* \$3.00/1.85	Lap Swim* \$3.00/1.85	Lap Swim* \$3.00/1.85	Lap Swim* \$3.00/1.85
5:30am-11:30	Team Training	Team Training	Team Training	Team Training	Team Training
11:30-1:30pm	Lap Swim* \$3.00/1.85	Lap Swim* \$3.00/1.85	Lap Swim* \$3.00/1.85	Lap Swim* \$3.00/1.85	Lap Swim* \$3.00/1.85
11:30-6:30	Team Training	Team Training	Team Training	Team Training	Team Training
6:30-8:00	Team Training	Lap Swim* \$3.00/1.85	Team Training	Lap Swim* \$3.00/1.85	Team Training
6:30-10:00	Team Training	Team Training	Team Training	Team Training	Team Training

* To maximize use of the facility, team workouts are scheduled during lap swim times. Lanes for lap swimmers may be limited. The competition pool is currently set at 50 meters and ranges in depth from 9 to 10.5 feet. It is intended for lap swimming only. The starting blocks are closed to lap swimmers. Entry into the water must be done in a careful, feet-first manner only. Circle swimming is required in lanes with 3 or more lap swimmers. Participants may be asked to pass a 50-meter swim test to be allowed to swim in the competition pool.

Canceled Swims:

Jun 24	11:30am-1:30pm
Jun 28	6:30pm-8pm
Jun 29-Jul 1	all day
Jul 4	3:30pm on
Jul 13-15	all day
Jul 28-29	11:30am-1:30pm
Aug 2	6:30pm-8pm
Aug 3-5	all day
Aug 9	6:30pm-8pm
Aug 10-12	all day
Aug 15-19	all day
Aug 20-26	all day
Sep 1-3	all day
Sep 15-16	All day
Sep 22	All day

Events:

International Volkssport Swim
International Swimming Cup
International Swimming Cup
Holiday
US Water Polo Invitational
Swimming Championship
Pacific NW Swimming Long Course Champs
Pacific NW Swimming Long Course Champs
FINA Water Polo Cup
FINA Water Polo Cup
US Masters Swimming Nationals
7th FINA Jr World Synchronized Swimming Champs
Holiday
US Water Polo Islander Invitational
Mercer Island High School Invitational



2001 POOL FEES

LESSONS

Swimming lessons for all abilities are available for students year-round from ages 6 months through senior citizens. Pre-tests are held free of charge to determine proper class level placement. Specialty courses are offered including: CPR, First Aid, Lifeguard Training and Water Safety Instructor training. Private and semi-private lessons are offered on a very limited basis. Please call for the class schedule and registration information.

GENERAL ADMISSION (Tax Included)

Recreation Pool:	Competition Pool:
Rec Pool Public Swim* & Family Swim**	Comp Pool Lap Swim
Children, Adults & Sr Citizens \$1.85	Sr Citizen (62+) & People w/ Disabilities \$1.85
People w/ Disabilities \$1.50	
Rec Pool Adult & Senior Lap Swim	
Adult \$3.00	Low Impact Water Exercise (Rec Pool)
Sr Citizen (62+) & Disabled \$1.85	Adult \$4.00 - 10-visit Card \$37.00
Shower \$1.85	Sr Citizen (62+) \$2.80 - 10-visit Card \$25.00

* Each child younger than 6 yrs old must each be accompanied in the water by an adult
** All children must be accompanied in the water by an adult during Family Swims (one adult per three children)

RENTALS

Great for birthday parties, private groups and business meetings. Scheduled during non-program hours.

Rec Pool, 1-25 people	\$58.00/hour	Room Rental	\$23.00/hour
Rec Pool, 26-60 people	\$80.00/hour	Lobby Rental	\$43.00/hour + staffing & deposits

POOL PASSES

Save money while you swim! Swim at least three times per week to save money. Passes make great gifts and are honored at all King County Pools (13 county-wide).

Type	3 Months	1 Year
Youth (1 year-17 years)	\$55.00 + tax	\$140.00 + tax
Adult	\$90.00 + tax	\$230.00 + tax
Family	\$160.00 + tax	\$368.00 + tax
Senior Citizen (62+) & Disabled	\$55.00 + tax	\$120.00 + tax

GIFTCERTIFICATES

Give the gift of health! Good for any programs.



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